

Newsletter Term Three



1 - A MESSAGE FROM SIMON JONES - HEAD OF SCHOOL.

It has been an exciting and busy Term 3 at Digitech!

Academically, students in Years 10 and 11 have approached their mock exams with real commitment, and we are very pleased with their engagement. Results have been encouraging, and teachers are now working hard to address any remaining gaps and further strengthen coursework. As always, the quality of work across our option subjects is exceptional, and you can read more about some of the fantastic projects our young people have produced in the sections below.

Beyond the classroom, the brilliant work continues across a wide range of areas. A particular highlight for me this term was receiving the Young Carers in School award, recognising our commitment to supporting students who care for others. Huge credit goes to Tracey from our Hub team, whose dedication in this area has been outstanding.

Another standout achievement has been the success of our E-Sports team, who currently sit joint top of the national league—an excellent reflection of their teamwork, strategic thinking

and perseverance. You will find more details on these and many other achievements throughout the newsletter.

As I write, I'm delighted to share that from this term's parent and carer surveys, 100% of respondents said they would recommend Digitech to others. We truly appreciate your support and are pleased that you and your child (or children) feel well supported within our community. That said, please do continue to reach out to me or any member of the team whenever things aren't going so well—these moments happen, and we are always here to work collaboratively to support your children.

I hope you have a restful break, and we look forward to welcoming students back for Term 4

Simon



2 - TERM DATES

Term 4	
First day of term for students	Tuesday 24th Feb 2026
Last day of term for students	Thursday 2nd April 2026
INSET Dates	Monday 23rd February 2026 Friday 13th March 2026
Bank Holidays	Friday 3rd April 2026
Term 5	
First day of term for students	Monday 20th April 2026
Last day of term for students	Friday 22nd May 2026
Bank Holiday	Monday 4th May 2026
Term 6	
First day of term for students	Monday 1st June 2026
Last day of term for students	Tuesday 21st July 2026
INSET Dates	Friday 3rd July 2026



3 - GOVERNMENT MOBILE PHONE RULE CHANGE



30 January 2026



Dear Parents and Carers,

Government Mobile Phone Rule Change – Effective 1st April 2026

You may be aware that the Government has announced new national expectations regarding mobile phone use in schools. From **1st April 2026**, all schools must ensure that students **cannot access their mobile phones during the school day**. For many schools, this will mean that mobile phones must either remain at home or be locked away during the day.

Due to the unique nature of Digitech, we believe that we can meet the Government's expectations by working closely with our students. As Digitech acts as a bridge between education and the workplace, we aim to meet these requirements while allowing students to demonstrate maturity and responsibility in managing their own phones fully in line with the policy set out below.

Digitech Studio School – Mobile Phone Expectations

We have shared with students the expectations below regarding mobile phones and electronic devices. Your support in reinforcing these expectations is crucial in helping us minimise distractions, uphold safeguarding standards, and keep learning as our core priority. If we can all meet these expectations together it will provide a chance to avoid more restrictive measures.

- On entry to the school, all mobile phones must be **switched off** and placed at the **bottom of students' bags**.
- This includes **smartwatches, headphones**, and other personal electronic devices.
- Keeping devices in pockets is **not permitted**.
- Students may only use a phone for **medical reasons**, and only where this is clearly outlined and agreed in advance.

Parental Communication

To help us maintain a mobile-free environment:

- Please **do not phone or message your child during the school day**. For urgent matters, contact the school reception on 0117 9927100.
- If your child needs to contact you, they should speak with a member of staff. Where appropriate, we will allow them to use a school phone.
- There are means to restrict children's phone use and access at points during the day. You may wish to support us in doing this (please ask for support if needed).

Consequences

- If a mobile phone or electronic device is **seen**, even if it is not being used, it will be **confiscated** and returned at the end of the school day.
- Persistent misuse may result in the student being required to:
 - leave their phone at home, **or**
 - hand it in to staff each morning.

Encouragement to Keep Phones at Home

We recognise that some students may need a phone for their journey to and from school. However, if a phone is not essential, we strongly encourage parents to keep devices at home.

We will be informing and reminding students of these expectations today and on the school gates Monday morning. Your support in reinforcing these expectations is greatly appreciated, and our hope is that, by all students meeting them consistently, we will be able to continue allowing students to manage their own mobile devices responsibly.

Thank you for your continued partnership and for helping us ensure that Digitech Studio School remains a calm and focused place of learning.

Yours sincerely,



Mike Edwards

Assistant Principal for Culture and Ethos
Digitech Studio School

Head of School: Simon Jones

Digitech Studio School, Tower Road North, Warmley, Bristol, BS30 8XQ.

Tel: 0117 992 7100 | Email: info@digitechstudioschool.co.uk

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Registered Office King's Oak Academy, Brook Road, Kingswood, Bristol BS15 4JT

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4 - YOUNG CARERS AWARD

Congratulations Digitech on achieving the Young Carers in Schools award.

This is much deserved, thank you so much for all the time and effort you put into supporting young carers at Digitech, I was so impressed with everything you are doing, you should be very proud!

Carers Support (Bristol & South Gloucestershire)



STUDENT SUPPORT AVAILABLE - EVERY MONDAY BREAKTIME IN THE HUB INTERVENTION ROOM.

We know that for some students, there is someone in their family or a friend who is ill, disabled, or has a mental health problem or an addiction.

We think in every class there could be as many as two students who are helping to support someone because of one of these factors – we call these students Young Carers.

Students can be young carers for lots of different reasons:

-
- *They might be providing support to a parent/carer with a physical illness such as fibromyalgia or ME, they could be cooking, fetching shopping/collecting medication, helping with siblings.*
 - *They might be helping a parent/carer with a disability who needs help with more personal tasks such as getting dressed, bathing or changing dressings.*
 - *Or it could be more emotional support – like supporting their sibling with additional needs, taking responsibility for young siblings whilst parents/carers attend health appointments, or checking that a parent/carer with depression/anxiety is ok. Some young carers might be doing lots of caring, others just a small amount but are impacted by the situation at home, for example by worrying about the person with the health condition or needing to do more things for themselves compared to other students. We are committed to ensuring that all students get the support they need to have a positive school experience, are happy in school and can achieve their full potential. **If you think that any of the above applies to your child, and that they might possibly be a young carer then please contact: Mike Edwards – Young Carers SLT Champion, Mike.Edwards@clf.uk Tracey Roberts – Young Carers Operational Lead, Tracey.Roberts@clf.uk***
-

WHERE DO I GO FOR ADVICE AND SUPPORT IN SCHOOL?

OPERATIONAL LEAD: TRACEY
TRACEY.ROBERTS@CLF.UK

STRATEGIC LEAD : MIKE
MIKE.EDWARDS@CLF.UK



COME ALONG TO
DIGITECH YOUNG CARERS
SUPPORT GROUP.



Come and see your School Nurse
Get confidential advice and support about:



When: Wednesday Lunchtimes

Where: Room- First Aid

You can also call us on: 0300 125 5151

You can also text our anonymous ChatHealth service using 07312 263 093: Mon-Fri, 9am-5pm

For more info visit: sirona-cic.org.uk/children-services/services/chathealth/

Your school nurse is:

Jane



Your confidentiality

We do not usually inform your parents, teachers or anyone else if you contact the school nurse. We might inform someone if we are concerned about your safety, but we would always try to speak to you first.



School Nursing Service

School Nurses work with children, young people, parents and carers to maximise health and well-being.

Use the QR code to view our web page and find out more, or call one of our locality teams using the numbers below:



Bristol East/Central:
0300 125 6980

North Somerset:
0300 125 6798

Bristol South: 0300 125 6277

South Gloucestershire:
0300 125 5151

Bristol North: 0300 124 5816

Secondary school aged children can also use our **confidential text messaging service ChatHealth**. Use the QR code to find out more.



ONLINE TUTORS KEEPING CHILDREN SAFE



GUIDANCE FOR PARENTS & CARERS

YOU MIGHT GET A TUTOR FROM SCHOOL, A GOOGLE SEARCH OR A RECOMMENDATION. BUT ANYONE CAN CALL THEMSELVES A TUTOR, SO HOW CAN YOU KEEP YOUR CHILDREN SAFE IF YOU GET THEM A TUTOR?

1) Select the right tutor

- o Get to know them first - ask about qualifications, experience (freelance? umbrella body?) & approach
- o Take up references and speak to them if you can
- o Ask to see a DBS (criminal record) check. NB - private tutors can only get the basic check; (don't let a DBS give you a false sense of security though)
- o Find out which platform they will use and its safety features



2) Establish clear rules

- o Sessions must always be arranged via you; the tutor should not contact your child directly between sessions, send private messages or change communication platform
- o A tutor is not a friend - they should behave in a professional way, like a teacher
- o Sessions must not be recorded without your approval
- o Try to be in the room for all sessions, especially for younger children, and certainly the first time
- o Your child should not join a session from a bedroom. If this is unavoidable, pop in frequently, ensure they are fully dressed at all times, point the camera away from beds & personal information; blur or change the background



3) Make sure your child knows

- o The rules apply to them and the tutor
- o A tutor is a teacher not a friend
- o The RED FLAGS: asking to communicate directly, change platform or meet up (if not booked via you)
- o Neither tutor nor child should share personal information, private messages or photos & videos
- o They must never meet without your approval or communicate on a different platform
- o Who their trusted adults are at home and school
- o They can tell you if they are asked to keep a secret or anything happens or is said that is strange or makes them feel uncomfortable, scared or upset



FIND MORE SAFEGUARDING RESOURCES
TO SUPPORT PARENTS AT
PARENTSAFE.LGFL.NET

LGfL
SafeguardED

BOOST YOUR



CONFIDENCE



TEAM

THE 12-WEEK TEAM PROGRAMME



Day 1: Meet new people

Don't worry about turning up on your own – there'll be about 12 people joining and everyone will be in the same situation. It'll be informal, and there'll be plenty of activities, so you'll soon feel part of things.



Week 1: Plan ahead

You'll start planning for the weeks ahead – setting out what you want to achieve and finding out how to get your qualifications. You'll also likely to be planning for your residential trip.



Week 2: A new adventure

You're likely to spend part of this week away – trying new things and learning how to work with others. This gives you a chance to break away from your current situation. The sort of things you could do include canoeing, climbing, raft-building and much more!



Weeks 3-6: Something to talk about

You'll decide on a project to benefit your local community as a team and will carry it out. You might be surprised at what you can achieve together. This gives you great experience to talk about at interviews.



Weeks 7-8: Work placements

This is the time to see how the skills you've developed so far can help you in the workplace. It's also a great chance to try out a type of work, or company, to see whether you like it.



Week 9: Future steps

It's time to plan your next steps after the programme. You'll get help to write a fantastic CV, practise your interview skills and make applications.



Weeks 10-11: Meet the challenge

You and your team will take on a challenge to help others in the community. This is when you get to test out all the skills you'll have worked on so far.



Week 12: Have your say

You'll deliver a presentation, with your team, to an invited audience during this final week. This is your chance to show off the talents you've discovered! This may sound scary now but, after 12 weeks on Team, you'll be surprised at how far you've come.

THERE ARE LOTS OF BENEFITS TO JOINING TEAM

- Uncover your hidden talents and improve your confidence
- Gain new qualifications
- Develop your English and Maths skills
- Mix with new people and make friends
- It won't cost you anything and you won't lose your benefits

3 IN **4** people who complete our courses go into work, education or training.



Sign up to your local team - kingstrust.org.uk/team or Call free - 0800 842 842





PARENTS PLUS

Special Needs Parenting Group

Join our **Parents Plus 'Special Needs Programme'** and meet other parents/carers of young people aged 10-25 who have a disability, in a supportive group to help your young person reach their full potential.

Support your child to:

- Learn social skills and build friendships
- Deal with puberty and sexuality
- Gain confidence and self-esteem
- Be more independent

As a parent, learn how to:

- Personally cope and manage stress
- Deal with the challenges of adolescence
- Support the needs of your other children
- Manage challenging behaviour

A 7 week -long parenting group taking place every **Tuesday** from **20th January** to **10th March 2026**
(excluding 17th February Half Term)

At **Kingswood Children Centre, Hollow Rd, Bristol BS15 9TP** **6pm to 8.30pm**. The programme will be facilitated by Senior facilitators from Pathway to Independence

ParentsPlus
www.parentsplus.org.uk



Parents Plus is an Irish charity that develops practical, evidence-based parenting and mental health programmes. We train professionals working with children and families to deliver the programmes in communities and clinical settings. Our programmes support families to communicate effectively, build satisfying relationships and overcome emotional and behavioural problems.

For more information and to enrol onto the programme please contact -
pti.parenting@southglos.gov.uk



NO APPOINTMENT NEEDED
JUST COME ALONG!

South Gloucestershire Council
Delivering with you

Compass

DROP IN ANYTIME
between 9am and 12:30pm



Need support for your family?
Drop in and chat with our friendly team

From pregnancy through to teenage years, Compass can give advice and signpost families to the right help and support available in South Glos.
Drop-in sessions available weekly at local One Stop Shops:

PATCHWAY TUESDAYS **KINGSWOOD WEDNESDAYS** **YATE THURSDAYS**

Website - <https://life.southglos.gov.uk> or scan the QR code





Attention Parents

Are you parenting a child with ADHD?

Join our **Parents Plus 'Children's ADHD Programme'** and meet other parents of children aged 6-12 in a supportive group to help your child reach their full potential.

<p>Supporting parents to:</p> <ul style="list-style-type: none"> → Personally cope and manage stress → Understand ADHD and how to help your child → Problem-solve and deal with challenges → Understand the role of medication 	<p>Supporting children to:</p> <ul style="list-style-type: none"> → Have a positive understanding of ADHD → Gain confidence and self-esteem → Navigate school and homework → Manage feelings and build friendships
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An 8 week long supportive group taking place every **Thursday evening** From **29th January 2025 to 26th March 2026** (excluding half term break).

It will take place in **Patchway Children's Centre** from **6.00pm – 8.30pm**. The course will be facilitated by family support workers from the **Families Plus 5-18 Team**.

ParentsPlus
Empowering Professionals to Support Families

ParentsPlus is a charity on a mission to strengthen family relationships and achieve the best possible outcomes for children, young people and parents. We develop evidence-based parenting and mental health programmes in collaboration with families and train practitioners to deliver them to communities.
www.parentsplus.ie

Email - parentingadhd@southglos.gov.uk



7 - PREPARATION FOR WORK EXPERIENCE

All students need to look for a placement to take place during the week Mon 6th - Fri 10th July 2026.

We are also offering an additional week for those students who are keen to find something within the industries we represent here at Digitech (Creative, Digital, Technology and Media) This week can take place anytime during year 10 and our hope is that with this flexible approach students will be able to secure something that is meaningful and will add value to their career learning journey.

The expectation is on the student to find a placement.

Paperwork will need to be completed by both parents / carers and employers. Please report any placements to martine.thomas@clf.uk or jane.morgan@clf.uk

NOTE: Students will not be allowed out without the paperwork complete.

Work experience offers a great opportunity for students to experience the world of work and all that will mean, it is a key part of our careers programme here at Digitech and so it is our expectation that all students will take part in some way. If finding a whole week is a challenge, please consider a couple of days.

We are running a drop-in session every Tuesday lunchtime in the canteen for students to come with any work experience related questions or to report placements and we will continue to do this for the rest of the academic year, please encourage your child to come along. As a school we do not have a list of placements or the capacity to find those placements but can certainly help with giving ideas or showing how to contact employers.

Should you have any questions please do not hesitate to contact

jane.morgan@clf.uk or

martine.thomas@clf.uk

Jane Morgan

Careers and Employability Coach



8 - WHAT WE HAVE BEEN LEARNING IN MATHS

Year 11 have been preparing for mock exams which are the last practice exam before the GCSE exams in the summer.

Year 10 have had a big Geometry term, with Area, Perimeter, Circles, Pythagoras' Theorem and Trigonometry all featuring.



9 - ENGLISH HIGHLIGHTS

Year 11s have just completed their English Language Paper 2 mock exam, showing their skills for analysing and writing non-fiction texts and forming their own opinions about issues in our modern world. We encourage families to debate the topics in the news at the moment: for example, *should social media be banned for under 16s?* 📱 Our students need to be able to form opinions quickly about different issues, and they also need to be able to justify those views.

For Year 10 we continue our study of Shakespeare's play *Macbeth*, tackling issues around ambition and power, and students have begun to reflect on their first mock exam with us which assessed analysis and writing of fiction texts. All Year 10 students are being encouraged to set themselves personal targets and work on the skills they need. Finally, we apologise for some hiccups with Year 10s logging into our homework platform **Seneca**. Please encourage your Year 10s to check their emails for advice if needed.



10 - THIS TERM IN SCIENCE

In science, Year 10 have now completed their first set of mock exams, and we're really proud of how positively they approached them and responded to feedback. Since mocks, they've been learning about separating mixtures in chemistry and are now moving on to exploring waves in physics.

Year 11 have been busy taking part in heart dissections and investigating how mealworms respond to different environmental conditions before moving on to their final physics topics, electricity and magnetic fields. This week they officially finished the course and will now begin the final push as they revise for their mock exams, and before long, their final GCSEs.

Siobhan Cole

Senior Leader



11 - CREATIVE DIGITAL MEDIA IN ACTION

On Monday 26th January, our Year 13 students took part in an eye-opening Drink Drug Drive (DDD) Road Safety workshop delivered by South Gloucestershire Council. The session was packed with impactful videos, real-life scenarios, and lively discussion that challenged students to think about how one decision behind the wheel can change everything.

Our Year 12 Creative Digital Media students have been busy this term working on a series of exciting industry-style projects, creating promotional videos inspired by real brands such as The Hideout café, Insomnia Cookies, Porsche, Spotify, LEGO and more! These projects have allowed students to follow professional-style briefs and develop skills in cinematography, directing, and editing, all while building strong portfolios for their coursework and future aspirations.

LILY - Teacher of Creative Digital Media





12 - ESPORTS UPDATE

British Esports Champs - Rocket League Update

Over the past 3 weeks the Rocket League team have been performing at an exceptionally high standard - recording 3 straight victories in a row. The team are now joint top of the group and are in a strong position to qualify for playoffs. This will be an incredible achievement for all players involved and shows how dedicated they are for the cause. There are 4 games left to compete in over next term with the key fixture scheduled for 11th March where we will be playing against Boost Bandits.

Daniel Gallop

Teacher of Enterprise

Group B									
Team	Played	Won	Lost	Drawn	For	Against	Diff	Streak	Points
Boost Bandits	3	3	0	0	12	1	11	3	9
DSSB	3	3	0	0	12	2	10	3	9
QMS Wakizashi 轟轟	3	2	1	0	10	5	5	1	6
Reigate CybeRGS 2	3	1	2	0	5	8	-3	0	3
KESBATH Legion 5	3	1	2	0	4	8	-4	1	3
MHS GAMING CLUB	3	1	2	0	4	8	-4	0	3
UTC Swindon	3	1	2	0	4	11	-7	0	3
BPC Buccaneers RL-B	3	0	3	0	4	12	-8	0	0



13 - CREATIVE ARTS - TERM RECAP

Here is a look at what we have been learning in Creative Arts this term.

Y10 Graphics

Students have finished their poster project and are now doing workshops in illustration - drawing and designing their own magazine covers based on Bristol.

Y11 Graphics

Year 11's are working on their exam projects. They have just finished experimenting with collage techniques ready to make mock ups of book covers.

Y10 Photography

Currently exploring still life and researching photographers within this genre. They are completing shoots inspired by these photographers and learning how to edit and manipulate images in Photoshop.

Y11 Photography

Y11 Photographers have started their exam projects on their chosen themes, recorded their initial observations and have completed their first artist research and responses. This week they have been doing digital and physical experiments on their photographs including Photoshop edits, sellotape printing and collage.

Y10 Art

Year 10 art students are working through material workshops, including oil pastel, acrylic paint and mixed media, creating outcomes based on the theme of identity.

Y11 Art

This term Year 11 Art students have started their exam projects and have been recording their ideas and observations using different materials and techniques. They are now concluding their first artist research and responses.

Becky Burt

Head of Creative Arts



14 - MUSIC - COLLAB CLUB

One of our aims for this year at Digitech is to increase the creative collaboration between our students. So many of our students have amazing creative skills across many areas, we want to make it easier for them to seek out peers they can be creative with. In order to help facilitate the forging of these creative partnerships, we are building a 'Collaboration Directory' where students can share their skills and areas of interest. After Half Term, we will be having a Collab Club twice a week where students can arrange to meet up and work with peers on different creative projects - for example, a podcast, starting a band, making a short film etc.

This week, we have sent round a questionnaire to all students to let us know about their skills and areas of interest that could lead to potential Collaborations. Students then have the option to be included in the 'Collaboration Directory' - if they opt in, their Creative profile and school email address will be shared with the other students who have also opted in. Students can then look through the directory and email other students to arrange working together. Those that don't want to be included will not be listed, and they will not receive access to the Collaboration Directory, but as staff we can still help them setup collaborations. These collaborations could form part of coursework units for various subjects, or they could just be for fun - it's over to the students!

Sam Eason

Teacher of RSL Creative Music Industry



15 - THE ENVISION PROGRAMME



The Envision Programme

Young people work with trained Envision staff and a group of mentors from a local business to design, develop, and deliver a social action project that makes a positive change in their school or college.

**Develop skills.
Build confidence.
Drive change.**



On the 19th of January our Envision students gave a fantastic presentation at the multi schools competition, showcasing how they intended to raise awareness of influential people of colour.

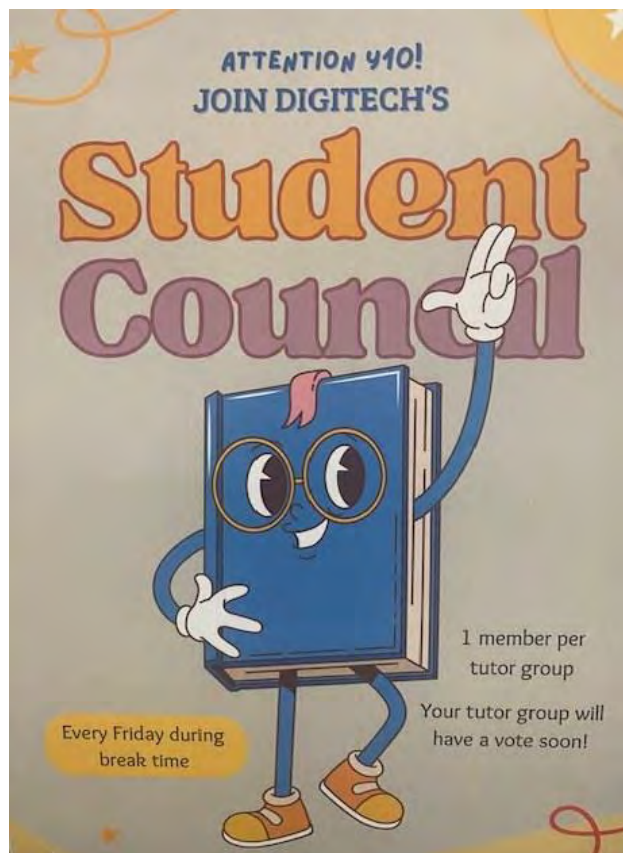
The students took to the stage, overcame their nerves and gave a confident presentation to the panel of judges, and four other schools.

Across the program the students have developed skills in four areas- Team Work, Communication, Creativity and Determination.

Well done team, we are very proud of you!



16 - DIGITECH CLUBS - AVAILABLE TO ALL STUDENTS



Digitech Film Club

YOU CHOOSE THE FILMS!
TELL LAURA WHAT YOU
WANT TO WATCH...

TUESDAY | 10:40 - 11:10
BREAKTIME | EN2

CRAFT CLUB

Try out a new craft

- Pompom making
- Candle colouring
- Cross stitch
- Crochet
- Knitting
- Air dry clay
- DIY cards and gifts
- bring a project of your own
- Or come along and sit in a quiet space

Want to try something different?
Speak to Laura

Wednesday
Lunchtime
EN2

Are you a student with autism who wants to help shape how our school supports you and others like you?

Join our **weekly Student Voice Group** — a safe, welcoming space where you can:

- Share your thoughts and experiences
- Help make decisions that improve support for autistic students
- Connect with others in a small, friendly group
- Be heard and make a difference!



When: Fridays, Period 2

Where: The Hub

Led by: Alice (Pastoral Support Officer)

If you are interested, please let me know either via Email;

Alice.Smith@clf.uk or speak to me in school time





TIME	MON	TUE	WED	THUR	FRI
Break	Podcast Club (CR3)	Film Club (EN2)	Global Majority (CR1)	Young Carers (HUB)	LGBTQIA+ (CR4)
	Mental Health (MA2)	Careers and Work Experience (Canteen)			
	Young Carers (HUB)				
Lunch	Creative Arts catch up (AD1, AD2, AD3)		Craft Club (EN2)	Darts Club (CR2)	FIFA Friday FC26 (CR4)
			D of E (CR2)		Darts Club (CR2)
			Music Club (CR3)		
After School	Music Club School Band (CR3)	Creative Arts (AD1, AD2, AD3)	SPARX Catch Up (CR1, CR2)		
		English Catch Up (EN1)			

Gaming Club
every break + lunch

17 - INFORMATION AND REMINDERS



Polite Reminder-

Please ensure your child brings a water bottle to school each day.

These can be refilled using our water stations.

We can no longer supply bottles of water to students.

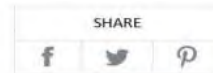
[Click here to find out more - https://digitechstudio.schoolhire.co.uk/main-hall/39453](https://digitechstudio.schoolhire.co.uk/main-hall/39453)

Looking for a venue to host a meeting, community groups (Scouts, Guides) or talks –

Look no further than Digitech!

Main Hall

Digitech Studio School in Bristol



€ Pricing

Details	Size	Weekday (£)	Weekend (£)
Full Hall	8 x 9	25.00	30.00
Weekend Full Day	8 x 9	n/a	200.00 (fixed fee)

Prices shown are per hour unless otherwise stated and may be subject to VAT.

£ Pricing

Details	Size	Weekday (£)	Weekend (£)
Full Hall	8 x 9	25.00	30.00
Weekend Full Day	8 x 9	n/a	200.00 (fixed fee)

Prices shown are per hour unless otherwise stated and may be subject to VAT.

What you will find at this facility

Maximum capacity - 50 people.

Our Main Hall provides a flexible facility to meet your requirements whatever your needs.

Its flexible options make it perfect for many different types of events. Potential uses include dance/exercise classes, community groups and functions

The Hall is based on the ground floor and has full disabled access. It comes equipped with interactive screen, chairs and single or meeting desks (upon request). Based on your requirements the room could be set up in many different ways, so please include full details on the booking request.

There is limited parking available on first come first served basis.

Should you wish to clarify anything, please use the messaging feature.

Location

Tower Road North, Warmley, Bristol, BS30 8XQ



19 - DUKE OF EDINBURGH



We would like to encourage our year 10 students to sign up for DofE. This is a non competitive youth achievement program which challenges participants to develop skills and confidence, and the award is internationally recognised.

Students should talk to Daniel in the Enterprise team, and if an adult would like to know more or sign up a student, please email daniel.malpass@clf.uk.

We are offering students both the Bronze and Silver Award this year; these will involve lunchtime team meetings and a few after school sessions to focus on map reading and outdoor cooking skills. We will conduct an overnight practise expedition in the summer, preceding the official expeditions before the end of year 10.

We are very fortunate that staff at our school are very keen to volunteer their time to run this award, with the total cost to parents at around £80. This supports registration, travel and camping costs.



20 - INFORMATION, OPPORTUNITIES AND USEFUL LINKS BELOW

Creative Opportunities Event

4-6.30pm
Tues 10th March

M Shed - Second Floor,
Princes Wharf,
Wapping Road,
BS1 4RN

Aged 16-25 and into arts + culture?

Come along to this free careers event with Bristol Museums and organisations from across the city.

Discover real pathways into the sector, from volunteering and workshops, to courses, mentoring and paid jobs.

Plus: industry talks, networking and loads of chances to meet people who've been where you are now.

For more information, or if you would like a stand at the event, please contact Annette on 07741 099 367 or annette.dodd-johns@bristol.gov.uk

bristolmuseums.org.uk/m-shed/whats-on





Channel 4's BAFTA-nominated series The Dog House.

The programme follows the incredible journeys of rescue dogs and the people who open their hearts to them, showing the powerful bond that forms and the life-changing impact on both dogs and humans. We're looking for kind-hearted families who could offer a loving home to a rescue dog and would be willing to share their reasons why on the show.

The programme highlights themes of compassion, responsibility, and empathy—values that resonate strongly in the school community.

WEBSITE - <https://c4thedoghousetakepart.co.uk>

EMAIL - thedoghouse@fivemilefilms.co.uk





BEFORE BOOKING YOUR COURSE, PLEASE READ BELOW CAREFULLY

- All courses are subject to a £5 Booking Fee which is non-refundable, so please make sure you book the correct course for your child.
- Places are limited so they are booked on a first come basis. Please only book 1 course for each child during the holiday.
- The child must have a roadworthy bike with 2 working brakes and have a properly fitting helmet.

Bikeability Learn to Ride This course is for School Year 3 and above.

This session is for trainees who **cannot** ride a bike with pedals without stabilisers, including older children who have never mastered the skill. The session lasts 1.5 hours. Riders need time to absorb and practise the Learn to Ride skills, therefore they **MUST NOT** attend a Learn to Ride and a Level 1 course within the same holiday period.

Level 1 This course is for School Year 3 and above who can cycle without stabilisers.

This session is intended for existing riders to build on their confidence and to learn to control and master their bikes in a space away from traffic such as a playground or a closed car park. For more details about the content go to: [Bikeability Level 1](#) Session lasts 1.5 hours.

Combined Level 1 & 2 This course is for School Year 5 and above who can cycle confidently and with control.

This is a one-day course from 9:15am – 2:45pm. There is an initial assessment in the playground covering level 1 skills to ensure they are ready for on-road training. Once out on the road, they will learn about road position, which road user has priority and when, and how to recognise typical hazards as well as manoeuvring through junctions. For more details about the content of the course, go to: [Bikeability Level 2](#)

Level 3 Trainees must be in School Year 6 or above. This course is for competent riders. All riders MUST have completed a level 2 course to an acceptable level prior to enrolling on this course.

*An acceptable level is where on the back of their level 2 certificate each box is ticked either **Independently** or **With More Practice**. If any of the boxes are ticked as either **With Some Assistance** or **Not Yet Attempted** they should attend another Level 2 course. Riders need time to absorb and practise the Level 2 skills, therefore they **MUST NOT** attend a Level 2 and a Level 3 course within the same holiday period.*

This 2-hour course aims to equip riders with skills for more challenging roads and traffic situations such as using multi-lane roundabouts and traffic lights, passing queuing traffic, road narrowing, understanding blind spots and how to perceive and deal with hazards. For more details about the content, go to: [Bikeability Level 3](#)

Courses are being held at:

Bradley Stoke Community Secondary School, Fiddlerswood Lane, Bradley Stoke BS32 9BS

Watermore Primary School, Lower Stone Close, Frampton Cotterell BS36 2LE.

*All Instructors are DBS checked and work for the Council's Road Safety Team. Bikeability certificates are awarded to all trainees who successfully complete the course.
Please note courses are subject to a minimum number of children attending on the date. Locations of training may vary according to availability.*

<https://southglos.cycleready.co.uk/publicbooking>

YOUTH GUARANTEE PROJECT

NEWSLETTER

YOUTH GUARANTEE

Funded by **UK Government**

AUTUMN/WINTER 2025

ISSUE ONE

SUPPORTING YOUNG PEOPLE INTO EMPLOYMENT, EDUCATION OR TRAINING.



The Youth Guarantee team attending a SGC care leavers event

Welcome to the first edition of our Youth Guarantee project newsletter!

We would like to invite young people, their families/carers and local services to be informed about our project, exciting updates and the amazing journeys our young participants have been on in this exciting trailblazer.

*"My advice to anyone thinking about joining the YG Project is to go for it. The program offers really good support and guidance, and it helped me improve my confidence, communication, and work experience. It's a great way to prepare for future employment." **Ryan Jones** - YG Participant*

18-21 YEARS OLD AND NEED?

We can help you:

- Build confidence and employability skills.
- Gain work experience in a job sector of your interest.
- Build a tailored CV and prepare for interviews.
- Work towards Level 2 English and Maths qualifications with our partnership with TUTE Education.

"My mentor has helped me in finding employment especially with the interview prep we did before my successful interview. I got the job!"
Lauren Thomas.
YG Participant

YOUTH GUARANTEE

Funded by **UK Government**

Our Youth Guarantee project is for young people aged 18-21 years old living in South Gloucestershire who are not enrolled in education, training or in employment. Our youth employability project prioritises young people with Special Educational needs and/or disabilities (SEND with no EHCP) and/or experiencing social, emotional and/or mental health difficulties (SEMH).

Our core programme offers free one-to-one employability and skills mentoring, a supported work placement, as well as personalised wrap around support which can include:

- ❖ A free bus pass and work placement expenses subsidy.
- ❖ Maths and English online tuition.
- ❖ Tailored social, emotional and mental health support to help overcome barriers.

We will ensure individuals access the right support to secure a personal outcome in obtaining a suitable job, education provision or training programme.



[Find out more about the Youth Guarantee project](#)



skills
CONNECT

18-21 years old,
not in education,
employment or
training?



[Contact us today!](#)



18-21 years old, not in education, employment or training? Contact us today:

EMAIL - skills.connect@southglos.gov.uk

WEBSITE - www.skillsconnect.org.uk

Tel - 0117 332 1500

Online Workshops



Understanding & Supporting Behaviour
Wednesday 14th January
7:00pm - 9:00pm



Understanding ADHD
Tuesday 20th January
7:00pm - 9:00pm



Self Harm
Tuesday 10th February
7:00pm - 9:00pm



Understanding & Supporting Communication
Monday 2nd March
10:00am - 1:00pm



Understanding Masking
Tuesday 31st March
7:00pm - 9:00pm



We are happy to say that due to funding, we are able to provide our workshops free of charge.



Being a parent carer of a child or young person with SEND can bring extra situations which are challenging to know how to handle.

Our online workshops are here to empower you on your child's SEND journey.

- ✓ Confidence in understanding and meeting your child's needs.
- ✓ Ideas, effective strategies and signposting to other services.
- ✓ A chance to ask questions, as well as receive extra support if needed.

Your child does not need to have a diagnosis for you to access any of our support



sgpc.org.uk



We are looking for young budding bakers between 9-15 years old and interested bakers can apply online www.applyforjuniorbakeoff.co.uk

Filming would take place from July 2026, applications close on Sunday 15th March 2026.

applyforjuniorbakeoff@loveproductions.co.uk



GREAT DREAM

Ten Keys to Happier Living



GIVING

Do things for others



DIRECTION

Have goals to look forward to



RELATING

Connect with people



RESILIENCE

Find ways to bounce back



EXERCISING

Take care of Your body



EMOTIONS

Look for what's good



AWARENESS

Life life mindfully



ACCEPTANCE

Be comfortable with who you are



TRYING OUT

Keep learning new things



MEANING

Be part of something bigger

ACTION FOR HAPPINESS

Happier • Kinder • Together

Action for Happiness is a registered charity (1175160) actionforhappiness.org

NSPCC

Helpline

For any concerns about a child
help@nspcc.org.uk | 0800 800 5000



Concerned about a child? **Talk to us.**

Whether you're worried about a child, or are looking for guidance or support, our child protection specialists can help.

 Search **NSPCC Helpline**

©NSPCC 2025. Registered charity England and Wales 219401. Scotland SC037717 and Jersey 394. Illustrations by Jonathan Calup



Worrying about money?

Support is available in Bristol



Three steps to find options and places to get help

Step 1: What's the problem?

I suddenly have no money

- Lost job or reduced hours
- Money stopped
- Lost money
- Unexpected expense
- Disaster (e.g. flood or fire)
- Relationship breakdown
- Sanctioned (see option 5)

See options 1 2 6

My money doesn't stretch far enough

- Deciding between food, fuel, and mobile credit
- Low income
- Zero hours contract
- Statutory Sick Pay too low
- Facing redundancy
- Not sure if eligible for support
- Change of circumstance

See options 1 2

I have debt

- Rent or Council Tax
- Gas and electricity
- Payday loans
- Owe friends or family
- Benefit repayments

See option 3

I am waiting on a benefit payment or advance

- New claim for benefit
- Payment delayed
- Waiting for decision

See options 1 4

Step 2: What are some options? Need support in another language? Fill out this form mentioning WAF: www.bristol.gov.uk/benefits-financial-help

1 Council Support Schemes

People on low incomes may be eligible for housing benefits, Universal Credit to help with housing costs, The Easter Egg offer through The National and Charitable Giving Payment for those struggling financially. You may also qualify for Local Support Payment, which supports people in crisis. All schemes will depend on your current circumstances. Find out more: www.bristol.gov.uk/benefits-financial-help

2 Maximise Your Income

Anyone who is bringing in money can get a benefit check and advice to see whether for free and confidential advice. A benefit check can ensure that you are receiving all the money you are entitled to, especially if your circumstances have changed recently. Speaking to an advisor could also help with managing gas and electricity bills and make sure you're not missing out on things like school allowances or free school meals.

3 Debt Advice

Debt can happen to anyone. Free advice and support can help you find ways to manage your debt and reduce how much you pay each month.

4 Benefit Advance

If you have made a new claim for benefit and are in financial hardship while you wait for your first payment, you may be able to get an advance of other things like gas or food. It's important to get advice before taking out an advance. Benefit advances must be paid back, and the money will be taken from your future benefit payments (if any).

5 Hardship Payment

If you have been sanctioned, you may be able to request a hardship payment from the Adjudicator. Hardship payments are not always paid immediately, and they're not available to everyone. Hardship payments of Universal Credit need to be paid back in instalments. Payments of Jobseeker's Allowance or Employment Support Allowance do not need to be repaid.

6 Challenge a Decision

You can challenge a benefit decision if your benefit has been stopped (sanctioned) reduced, or if you have been overpaid. Most benefit decisions need to be challenged within one month.

Step 3: Where can I get help? Each of these services offer free and confidential advice

BRISTOL CITY COUNCIL	BRISTOL CITIZENS ADVICE	ST PAULS ADVICE CENTRE	Other Support
<p>Welfare Rights and Money Advice Service. Information about disability and carer's benefits, including advice and assistance on claiming and challenging decisions. www.bristol.gov.uk/benefits-financial-help</p> <p>Help with options: 1 2 3 4 5 6</p>	<p>Generalist advice provider, including debt, welfare rights, housing and employment. 0117 278 7500 www.bristolcitizens.org.uk</p> <p>Help with options: 1 2 3 4 5 6</p>	<p>General and specialist advice on debt, benefits and immigration services for communities of St Pauls and East Bristol. 0117 255 2881 (enquiry@stpaulscentre.org.uk) www.stpaulscentre.org.uk</p> <p>Help with options: 1 2 3 4 5 6</p>	<p>Bristol City Council – Local Crisis and Prevention Fund. You might be able to access crisis support through the council. 0117 202 4200 (Mon-Fri 9am to 5pm) www.bristol.gov.uk/hot</p> <p>Housing Matters. Large advice on housing issues, including eviction. Housing-related debt and more. 0117 226 1200 www.housingmatters.org.uk</p> <p>Shelter Bristol. Housing advice. 0203 802 4444 (enqandadv@shelter.org.uk)</p> <p>1025 Independent People. Support for young people aged 16 to 25 facing homelessness. 0117 317 8000 (www.1025.org.uk)</p> <p>The British Energy Team. Centre for Sustainable Energy (CSE). Can help advise on energy use if you're using energy warm & saving on top of fuel bills. 01603 302 2244 (www.britishenergyteam.org.uk)</p>
<p>SOUTH BRISTOL ADVICE SERVICES. General advice and specialist help with welfare benefits, DSD, income maximisation and financial capability. 0117 380 1122 (Chalfont Benefits & General) 0117 402 6300 (East Bristol) www.southbristoladvice.co.uk</p> <p>Help with options: 1 2 3 4 5 6</p>	<p>NORTH BRISTOL ADVICE CENTRE. Independent welfare benefits and debt advice, including complex casework, appeals and representation at tribunal. 0117 261 3751 (Mon-Thurs 9.30am to 4.30pm) www.northbristoladvice.org.uk</p> <p>Help with options: 1 2 3 4 5 6</p>	<p>AGE UK BRISTOL. Information and advice for people over 18 who live or work in Bristol and their carers. 0117 253 1237 www.ageuk.org.uk/bristol</p> <p>Help with options: 1 2 3 4 5 6</p>	
<p>TALKING MONEY. Advice to anyone worried about money, lowering debt, benefits and DSD. 0300 121 0111 or 0117 454 3900 www.talkingmoney.org.uk</p> <p>Help with options: 1 2 3 4 5 6</p>	<p>CLEAN SLATE. People low income households to become better off. Get work and get online. 0117 457 4201 (www.clean Slate.co.uk)</p> <p>Help with options: 1 2</p>	<p>BRISTOL LAW CENTRE. Specialist legal advice & support including housing & homelessness, welfare benefits appeals, immigration & asylum, family & mental health law, employment & discrimination. 0117 524 9802 (local Frs) 0300 024 0385 (free phone) info@bristollawcentre.org.uk www.bristollawcentre.org.uk</p> <p>Help with option: 3</p>	

Cost of Living support in South Gloucestershire

Money saving tips

Access to benefits

Food support

Community Welcome Spaces

Freephone 0800 953 7778

www.southglos.gov.uk/CostofLiving

South Gloucestershire Council
Delivering for you

Finance



Financial support from South Gloucestershire Council

1 We may be able to help with emergency and long-term grants and support if you are struggling with financial pressures. Help is available whether or not you are in receipt of benefits.

📍 Visit a **One Stop Shop**

☎️ Freephone **0800 953 7778**

🌐 www.southglos.gov.uk/costofliving

Already on benefits and your income has changed?

1 If you are already receiving benefits and your income drops or increases you must notify the Department for Work and Pensions as soon as possible. They will then reassess how much you are entitled to receive.

☎️ Freephone **0800 328 5644**

🌐 www.gov.uk/report-benefits-change-circumstances

Council Tax reduction

Universal Credit

Housing benefit

Emergency payments



North Bristol Advice Centre

1 Free and independent advice and support. Debt and welfare benefits specialists, including representation at appeal.

☎️ **0117 951 5751**

🌐 www.northbristoladvice.org.uk

Accessing benefits for the first time – Universal Credit

1 Universal Credit is a working-age benefit for people on low or no income. You need to apply online to the Department of Work and Pensions (DWP).

☎️ Freephone **0800 328 5644**

☎️ South Gloucestershire Council
Freephone **0800 953 7788**

🌐 www.southglos.gov.uk/universalcredit

Talking Money

1 Free and independent advice on debt, energy debt, benefits and income maximisation.

☎️ Freephone **0800 121 4511**

🌐 www.talkingmoney.org.uk

Bristol Law Centre

1 Free legal advice in specialist areas of social welfare law, and also represents clients in court.

☎️ **0117 924 8662** between 9.30am-4.30pm to discuss the help you need

🌐 www.bristolawcentre.org.uk

Citizens Advice

1 Free and confidential advice on a range of areas including benefits, employment, debt, energy issues and housing to help you find the way forward.

☎️ Freephone **0808 278 7947**

🌐 www.southgloscab.org.uk

Employment & Training



Job centre plus

1 Support in finding employment and applying for benefits.

☎️ Freephone **0800 169 0190**

🌐 gov.uk for job centres and employment support

South Gloucestershire Council support

1 You can find out about free Community Learning courses running in your area to help upskill and learn.

☎️ **01454 864613**

🌐 www.southglos.gov.uk/schools-and-learning

Skills Connect

1 For employment and skills support, whether you're in work or unemployed. Skills Connect has different programmes and friendly advisors offering 1 to 1 coaching to support you on your employability journey.

🌐 www.skillsconnect.org.uk

Future Bright

1 Future Bright offers free, one-to-one career coaching and advice to help you create a personalised action plan, so that you can start making positive progress right away.

🌐 www.westofengland-ca.gov.uk/what-we-do/employment-skills/future-bright/



Getting enough food to eat



Food banks

Short-term, emergency support with food during a crisis. Most food banks need a referral, you cannot just show up. Apply for a food bank voucher through the councils One Stop Shop.

Freephone 0800 953 7778

www.southglos.gov.uk/oss

Or call the 'Help through Hardship' helpline delivered by The Trussell Trust and Citizens Advice.

Freephone 0808 208 2138

Healthy Start

If you're pregnant or have a child under 4, this scheme can help you buy milk, infant formula, fruit and vegetables. Speak to your health visitor, GP or Children's Centre about how to apply to the scheme.

www.healthystart.nhs.uk



Community meals

South Gloucestershire community meals, which is sometimes called 'meals on wheels', is a meal delivery and welfare check subscription for residents who have difficulty preparing food or need help to have regular, nutritious cooked meals.

01454 865996

www.southglos.gov.uk/communitymeals

Free School Meals

Universal Infant Free School Meals (UIFSM)

All children in reception, year 1 and 2 can have free school meals.

Free School Meals (FSM)

Apply for FSMs from when your child is in reception if you receive qualifying benefits as this will support your child's learning and enable the school to claim Pupil Premium, it could also entitle you to other support.

www.southglos.gov.uk/schoolmeals

Southern Brooks

Food bank vouchers, mental health and wellbeing support, and much more.

01174 034 238

www.southernbrooks.org.uk

Emotional, physical and wellbeing support



One You South Gloucestershire

Our friendly team can provide telephone and/or email support to enable you to build your healthier future and work towards goals such as manage your weight, quit smoking, move more, improve your wellbeing or drink less.

01454 865337

oneyou.southglos.gov.uk

Age UK South Gloucestershire

A range of local services including Activity Day Centres, Advice & Information including benefits guidance, Befriending, Walking groups, Digital Inclusion and Home from Hospital.

01454 411 707

www.ageuk.org.uk/southgloucestershire

Community Welcome Spaces

There are more than 50 Community Welcome Spaces across South Glos. that offer hot drinks, activities and support. Find one near you on our directory.

www.southglos.gov.uk/community-welcome-spaces

Next Link Domestic Abuse Services

Providing local domestic abuse support services to men, women and children. This includes safe accommodation and support in the community.

0800 470 0280

www.nextlinkhousing.co.uk

Safe Link ISVA Service

Providing support to men, women and children who have been victims of sexual violence. Independent Sexual violence Advisors offer emotional and practical support, including support reporting to the police if wanted.

0333 323 1543

Local NHS 24/7 Support & Connect Helpline

Free and confidential, practical NHS therapies to help those who are feeling low, worried or stressed. You can contact Talking Therapies directly - there is no need to go to your GP.

Freephone 0333 200 1893.

Translators can support a call if English is not the callers first language. The line is also equipped for those with speech and language difficulties.

Text "YOU" to 88802

www.vitahealthgroup.co.uk/nhs-services/nhs-mental-health/

Housing

Homechoice

The council offers free and impartial advice and support to people who are homeless, or threatened with homelessness. Support is also available if you are being harassed by your landlord, or threatened with unlawful eviction. The team also manage the housing register and lettings process for people who want to move into social housing.

01454 868005

homechoice.southglos.gov.uk

Warm and Well

This service provides free energy efficiency advice to all householders and landlords, including grant funding to eligible residents on behalf of South Gloucestershire Council.

Freephone 0800 500 3076

www.warmandwell.co.uk

Lendology

South Gloucestershire Council work in partnership with not-for-profit lender Lendology CIC to provide eligible homeowners with low cost loans for essential home repairs. Apply for help today.

01823 461099

www.lendology.org.uk

Privately Rented Housing Advice and Support

This site offers support for both owners and tenants of privately rented housing, including multiple occupancy housing. It gives advice around safety measures, waste & recycling and disputes.

www.southglos.gov.uk/housing/private-housing

Shelter

Shelter are a national charity who help those who are struggling with poor housing or homelessness with impartial advice, support, and legal services.

Freephone 0808 800 4444

www.england

SignLive is a free app which connects people to a qualified online British Sign Language interpreter.

signlive.co.uk

This leaflet provides information about financial, housing, food and other support available in South Gloucestershire. If you would like this information in a different format, for example: Braille, audio format, large print, or a language other than English, please contact Tel: 01454 868009



NHS website: Advice for parents on a range of parenting issues, including talking to teenagers, fussy eating and teenage aggression. Website: Live Well - NHS (www.nhs.uk)

CCP – Caring for Communities and People – Offer outreach support and parenting courses for families at an early help level. Home (ccp.org.uk)

- *Cost of living support: Cost of living help | BETA - South Gloucestershire Council*

(Southglos.gov.uk)

- *Household support fund | BETA - South Gloucestershire Council (southglos.gov.uk)*

The government has provided funding for us to support people who are struggling to: buy food pay energy bills

cover other essential costs linked to energy and wider essentials (including sanitary products, warm clothing, soap, blankets)

- **Financial support and wellbeing** | BETA - South Gloucestershire Council (southglos.gov.uk)

• **Off The Record:** Free, self-referral counselling service for young people age 11-15, who are experiencing low mood, depression, anxiety, phobias, self-harm, eating problems and/or anger. Young people can call, email or text, and services operate in Patchway, Kingswood and Yate. Also offer parent support groups and sessions.

Also see Facebook, Twitter and Instagram for more information and up to date groups and activities. Tel: 0808 808 9120. Text: 07896 880011. Website: Home - OTR (otrbristol.org.uk)
Email: hello@otrbristol.org.uk

- **Kooth:** Free, safe and anonymous online support for young people 11-18. Monday – Friday 12pm – 10pm, Saturday – Sunday 6pm – 10pm. You can talk to our friendly counsellors, read articles written by young people and get support from the Kooth community.

Website: <https://kooth.com/> Home - Kooth

- **Childline:** Free counselling via an online webchat and free support/advice available 24/7 via confidential helpline, emails via the website. Tel: 0800 11 11. Website: www.childline.org.uk
Childline | Childline

• **Young Minds:** A National charity offers confidential online and telephone information and support for anyone worried about the emotional, behaviour, or mental health of a child/young person up to 25 years of age, including ADHD, Autism and Aspergers.

• **Young Minds Helpline:** 0808 802 5544 Website: YoungMinds | Mental Health Charity For Children And Young People | YoungMinds **Crisis Messenger Service** for free 24/7 support across the UK if you are experiencing a mental health crisis. Text YM to 85258.

- **SEND and You - SAY:** Local SEN and disability information service (SENDIAS) - Information and support around Special Educational Needs and Disabilities, for children, young people and families. (previously Supportive Parents)

Tel: 0117 9897725 Mon-Fri 9.30 - 4.30 (answerphone at other times), Email:

support@sendandyou.org.uk

Website: Home - SEND and You

- **South Glos Parents and Carers:** Information and groups for parents who have children with a disability and/or additional needs. Offers a weekly drop in for parents and carers, support groups, workshops, counselling and events. They also run the Parent Carer forum in South

Gloucestershire to collect feedback and views from families with disabled children.

Website: South Glos Parent Carers (sgpc.org.uk) Email: team@sglospc.org.uk

- **JIGSAW Thornbury** Support families who have children who are 0-25 years and have any additional needs or disability. This can be anything from learning needs such as dyslexia to complex disabilities or medical problems. Many children who come have no diagnosis. Weekly support group for parents, carers and children + training courses on a range of topics.

Telephone: 01454 416381 Website: JIGSAW Thornbury | For Children with Additional Needs and Disabilities - SEN Lending Library, Events, Meetings, Bristol Area and the South West.

South Gloucestershire Talking Therapies - Vitamins: Therapeutic interventions including counselling and group courses, in line with people's differing needs, age 16+.

Self-referral via the website: wellaware.org.uk Tel - 0333 200 1893 NHS Talking Therapies - North Somerset & South Gloucestershire (vitahealthgroup.co.uk)

Samaritans: Free, confidential emotional support for those experiencing despair, distress, self-harm or suicidal feelings.

Tel: 116 123 (free from any phone, 24/7). Website: www.samaritans.org Samaritans | Every life lost to suicide is a tragedy | Here to listen Email: jo@samaritans.org



Have a restful half term break, we look forward to seeing students back in School on Tuesday
24th February.

