

Term Dates 2024-25

Term 1 Monday 2nd September – Friday 25th October 2024

Year Group	Start Date and Time
Year 10 (New intake)	Wednesday 4 th September 2024 – 9:00am
Year 11	Thursday 5 th September 2024 – 9:00am
Year 12 (New intake)	Thursday 5 th September 2024 – 9:00am
Year 13	Thursday 5 th September 2024 – 9:00am

- Term 2 Monday 4th November - Friday 20th December 2024
Term 3 Monday 6th January 2025 - Friday 14th February 2025
Term 4 Monday 24th February 2025 - Friday 4th April 2025
Term 5 Tuesday 22nd April 2024 - Friday 23rd May 2025
Term 6 Monday 2nd June 2025 – Tuesday 22nd July 2025

Inset Days

Monday 2nd September 2024

Tuesday 3rd September 2024

Thursday 24th October 2024

Friday 25th October 2024

Monday 6th January 2025

Monday 24th February 2025

Friday 4th July 2025 (CLF Summer Conference)

Monday 7th July 2025

*Should any of the above dates be rearranged we will inform parents/carers.

You will be informed of other key dates throughout the academic year for Parents' Evenings, Open Evenings and Exhibitions of Work.

Please also look out for key dates on our website www.digitechstudioschool.clf.uk

Dear Parents / Carers

As the summer holidays approach, I wanted to thank you all for the role that you have played in supporting and working with the school over the course of this academic year. It has been a successful year with lots of exciting learning and experiences taking place. As you can see from our term 6 newsletter the term has been as busy as ever with many highlights during the term including our 'BIG Election' event where students have voted on a new house system and names ready for a September launch, the year 11 leavers assembly and prom, year 10 work experience and a live performance from Bristol School of Actings 'education in theatre' group.

I hope you all have a relaxing and enjoyable summer break and I look forward to working with you all in September.

Best wishes,

Chris

Digitexh NEWSLETTER

Y11 Leavers & Prom 2024 - After all their hard work across the year, year 11 were able to let their hair down at their leaving events. On 17th June, students came back into school for their final assembly where they were treated to a song, a poem, an ice - cream and several photos of themselves when they were younger! On 20th June we all made our way to the Bristol Mercure North hotel for the prom, where they were able to dance the night away. Extra congratulations must go to our evening, our prom and queen, and other award winners from the evening.



Digitexh NEWSLETTER



Digitexh NEWSLETTER



Digitexh NEWSLETTER

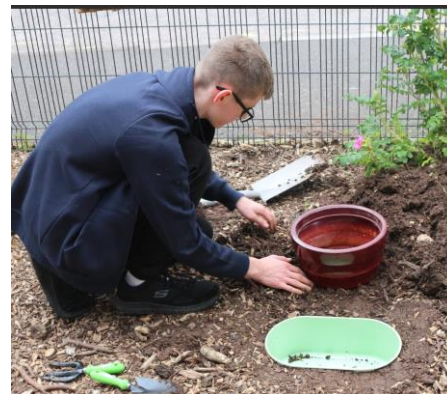


School Garden Project

Over the Work Experience week, students opted in to help with the school's garden project, as part of a wider Student Council & Eco Committee incentive.

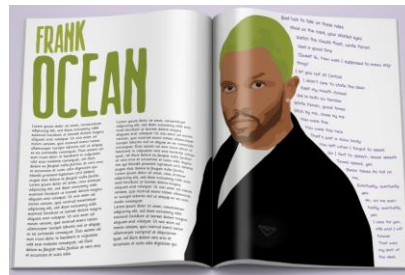
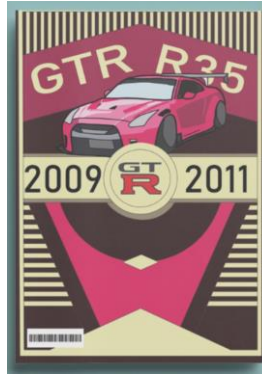
They all worked brilliantly; from preparing the space & building the beds (some from scratch!) on site, to filling them with compost and then young vegetable plants, to painting and varnishing decorative stones found around the local area to label the produce, to drawing out plans & templates for building their own wooden bird and bee houses. The garden is in its infancy but already looking good, with lots of fresh veg on the way - and hopefully soon a little pond too!

Well done and thank you to everyone who got involved - you did an amazing job, and we look forward to what else the garden project will continue to bring!

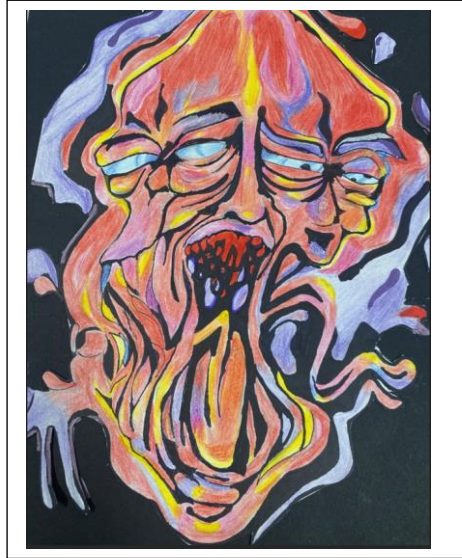
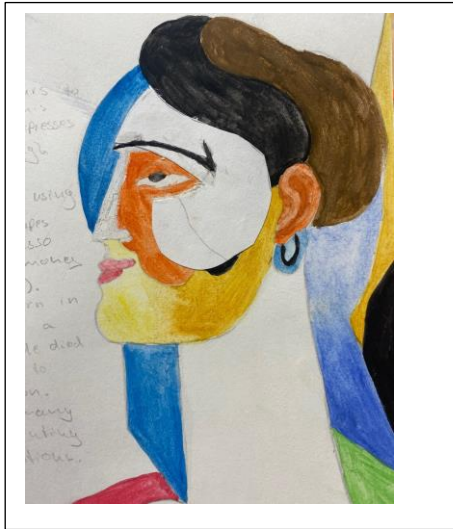


Graphics Magazine Project

Well done to our Year 10 Graphics students who have all worked well on their magazine project this term! Here's a selection of just some of the fantastic work that's been made the last few weeks.



Fine Art students have now started their coursework projects, under the theme of 'Reveal'. Each student has chosen something they would like to Reveal to the world - an interest they have, something they would like to bring more awareness to, or something they would like to explore through artwork. Already they have had some excellent ideas emerge and have produced some skilful outcomes!



The Big VOTE

Here at Digitech we recently conducted a 'Big Vote' to decide on a new house system to begin in September. On July 4th, the day of the general election, around 100 people voted. The polling station was open at break and lunch time. Each student received their individual ballot paper and cast their vote in a 'booth.' The electorate consisted of our current year 10 and 12 students, staff and some of new cohort of students joining us in September.

The student council decided on the names that were to be voted on:

After the votes were tallied, the winning house names were announced as Kusama House,, Picasso House and Banksy House

The event was very well received by all the participants. The day was a huge success and students felt very empowered voting the same day as the national General Election, making them feel included and heard.

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Leibovitz House
Annie Leibovitz An American portrait photographer known for her portraits of celebrities. Her style is characterised by vivid colour and superb lighting

Walsh House
Jessica Walsh is an American graphic designer. She started out coding and then progressed onto designing websites at the age of 11

Kusama House
Yayoi Kusama is a Japanese contemporary artist primarily in sculpture and painting. She is sometimes called the princess of polka dots

Muller House
William James Muller was British landscape and figure painter born here in Bristol. His work has been described as 'raw and brilliant.'

Harding house
Emily Jane Harding was a suffragette from Bristol who was also an artist and an illustrator of children's books. She emigrated to Australia

Moore house
He was a British sculptor best known for Bronze sculptures and paintings of Londoners in the Blitz of World War 2. He gave a huge amount of money away to good causes

Irving house
Irving Penn was an American photographer known for fashion photography and potraits. He used natural light and enjoyed travelling the world

Picasso House
Spanish painter and sculptor who lived most of his life in France. African Art was a major influence on him. He was a child genius producing magnificent paintings of his family

Banksy House
A street artist born in Bristol, identity unknown. He displays his Art on publicly visible surfaces such as walls of buildings. The artwork sells raising a large amount of money for a good cause, the NHS for example

Vote for your House Name

Digitexh STUDIO SCHOOL

DIGITECH STUDIO SCHOOL HOUSE NAMES

You need to select 3 houses.
Put an X in the box by your 3 choices

Leibovitz House

Walsh House

Kusama House

Muller House

Harding House

Moore House

Irving House

Picasso House

Banksy House

Get Voting



The Big VOTE



On June 28th the Bristol School of Acting continued their tour of local schools by visiting us here at Digitech. The Year 12 and 13 students performed two shows to us linked to our Digitech Plus curriculum.

'Jonesy' was a comedy musical play focusing on gender roles, toxic masculinity and believing in yourself.

'The Accordion Shop' was a physical theatre story focusing on herd mentality, social media, fake news and the damaging effects of gossip.

The weather was fine and so the plays were performed outside. Our students showed the upmost respect to all the performers, and the performances triggered discussions leading into the next week.

Well done to all our students and big thanks to the Bristol School of acting for allowing us to join their tour.



As we approach the end of this academic year and my first year at Digitech, I want to take a moment to reflect on our journey in the Enterprise faculty. It has been an inspiring and transformative experience for both our students and educators.

🌟 **Student Achievements:** Our students have wholeheartedly embraced the Digitech ethos. From creative problem-solving to teamwork, they've demonstrated remarkable skills. Whether it was creating innovative productions in Creative Media, organizing successful tournaments in Esports, or participating in cross-subject collaborative projects in Music, our students have risen to the challenge, furthering their skill sets as they look toward a future of achievement.

🌐 **Integration Across Subjects:** The Enterprise faculty isn't confined to a single class; it's woven into the fabric of our curriculum. Our teachers have seamlessly integrated enterprise concepts into various subjects. As we look ahead to 2024/25, we aim to promote this integration even further, fostering cross-year collaborations that help students develop teamwork skills and leave their mark on the school.

🚀 **Enterprise Clubs:** Our enterprise clubs—my gaming club, Sam's music lunchtime sessions, Dan's Business, and Lily's Media catch-up sessions—have been a highlight. Led by passionate teachers and external experts, these clubs allow students to explore their creativity beyond the classroom. They've brainstormed ideas, received one-on-one feedback, and generously shared their time. The results have been nothing short of inspiring!

🙌 **Thank You!** I want to express my heartfelt gratitude to our students, parents, and dedicated educators. Your support and encouragement have made this year exceptional. Together, we've nurtured an enterprising mindset—one that will serve our students well beyond the classroom. Let's embrace the future with enthusiasm and empower our gamers, entrepreneurs, creatives, and music enthusiasts. May 2023/24 be a year of growth, inspiration, and achievement for all. Cheers to success! 🌟 🚀

Term 6 has been a flurry of Speaking and Listening and Mock preparations for Year 10 in English with some brilliant outcomes. Students have shown maturity and made progress in both English Language and Literature. In class, we have been addressing misconceptions and students have been reviewing and redrafting to understand how they can strengthen both the quality of their writing and results. We are now looking to prepare them for their next set of Mock and exams that Year 11 will bring.

Whilst we acknowledge students need a rest over summer, it's important that they come back in September prepared for the demands that Year 11 brings. Therefore, please find below an outline of their upcoming mocks and how you can, as a parent/carer, best support your child.

In English, your child will be studying for **two** GCSEs: English Language and English Literature. To progress to the next level of education or employment, they will need to achieve a grade 4 in both GCSEs, otherwise they will need to resit.

From September, Year 11 will have two extra, 30 minutes sessions per week of either Maths, English or Science. This will be an intervention session to boost their grades in the lead up to the exams.

Upcoming Mocks:

October 2024:

- **Literature Paper 2 (before half term break)** Students have not sat this paper before; they will be studying An Inspector Calls from September, and will need to revise the anthology poems over the summer break and when we return to school
- **Language Paper 1** - this will likely be after half term. Students sat this paper as their first mock at Digitech.

February 2025:

- **Literature Paper 1** – First assessed in July 2024, students will use feedback from previous mocks. This will give them their predicted grades for college applications.
- **Language Paper 2** – First assessed in July 2024.

How can I support my child?



-

Create an environment where they can study without distractions of phones, games consols, siblings etc. Keep revision sessions short (20-30 minutes) to avoid burnout. Help students put together a revision timetable where they regularly review key information.

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- Revision materials are available online through YouTube – Mr Bruff has a great channel and students can select relevant videos and use flash cards to make notes.



- Purchase revision guides and workbooks for students to support with their revision. We recommend Collins Snap Revision and CGP revision guides and workbooks. These QR codes take you straight to the publisher's website, however you may find them cheaper on Amazon or WOB.com. **Please ensure that you purchase the guides for AQA – other exam boards have different assessment objectives.**



There are two exams for each GCSE:

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AQA English Language	AQA English Literature
Language Paper 1 – Explorations in Creative Reading and Writing 80 marks 1hr 45 Mins	Literature Paper 1: Shakespeare and the 19th century. 64 marks 1hr 45 Mins
<ul style="list-style-type: none"> • Questions 1-4 will relate to one fictional extract where students will need to comment on language, structure and form. • Question 5 is worth 50% of the paper and assesses students creative writing, ideas and accuracy. 	<p>Students will have to write:</p> <ul style="list-style-type: none"> • One essay on Macbeth worth 30 marks (4 extra marks for spelling, punctuation and grammar) • One essay on A Christmas Carol worth 30 marks. <p>For both questions, students will be given an extract which they will need to comment on, as well as writing about the play.</p>
Language Paper 2 – Writers’ Viewpoints and Perspectives 80 marks 1hr 45 Mins	Literature Paper 2: Modern Text and Poetry 64 marks 1hr 45 Mins
<ul style="list-style-type: none"> • Questions 1-4 will relate to two non-fiction extracts where students will need to comment on language, structure and form, as well as writer’s opinions and how these are communicated. • Question 5 is worth 50% of the paper and assesses students persuasive and argumentative writing, ideas and accuracy. 	<p>Students will have to write:</p> <ul style="list-style-type: none"> • An essay on An Inspector Calls (no extract given, but there is a choice of 2 questions) • An essay comparing one named poem from the poems they have studied in the AQA Power and Conflict Poetry anthology, with a choice of one other poem in the anthology. • One analysis of an unseen poem • One comparison of two unseen poems writing about writers methods only.

Your support with ensuring students arrive on time, prepared to class with the correct equipment and complete weekly homework assignments will help ensure their success at the end of Yr 11.

Have a lovely summer!

The English Team

In Science at Digitech, Term 5 and 6 have been driving towards the end of year mock exams for students. Steve and I want to extend our heartfelt congratulations to all our students for their remarkable effort and positive attitude during the recent mock exams. The dedication and resilience shown have been truly commendable. These exams are a crucial part of their learning journey, and we are incredibly proud of how our students have approached them with determination and enthusiasm. Our focus looking into next year is about preparation for the Year 11 mock exams and the final GCSE exams in the Summer.

Revision Tips for Summer

As we look ahead to the summer break, we understand how important it is for students to gain some rest, but we also know that building good routines will help prepare them so well for the exams in Year 11. Please use the QLA sheets that you have been given to help focus on the topics that you need to improve on next year. Here are a few tips to help make revision both effective and enjoyable:

1. Utilise Seneca Learning: Seneca is a fantastic online platform that provides interactive and engaging revision materials. Make it a habit to spend a few minutes each day on Seneca to reinforce your understanding of key concepts.

<https://senecalearning.com/en-GB/>



2. Create a Study Schedule: Break down your revision into manageable chunks. A well-structured study schedule can help you stay organised and avoid last-minute cramming. Look at starting to build in some times each week that you revise, even if just for a 15 minutes. This will help to develop good routines into Year 11.

3. Practise Past Papers: Familiarise yourself with the exam format by practising past papers. This will help you identify areas that need more attention and build your confidence. Apps like “MyPastPaper” can make it easy to access exam questions and the matching mark schemes to check your answers.

<https://mpp.c2dev.co.uk/>



4. Make use of online videos: Finding short videos to explain topics can be a gentle way to start your revision. Often they can explain key concepts concisely. Some examples of youtube channels are below:

<https://www.youtube.com/user/mygcse-science>

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<https://www.youtube.com/@Freesciencelessons>



[https://www.youtube.com/@Primrose Kitten](https://www.youtube.com/@Primrose_Kitten)



Changes in September

Starting in September, students will be placed in new groups tailored to either the foundation or higher course. This change is designed to provide focused support and ensure that each student is working at a level that best suits their learning needs. We are excited about the opportunities this will bring and are confident that it will enhance the learning experience for all our students.

We also want to extend a special thank you to all the parents and guardians for your unwavering support throughout the year. Your involvement and encouragement play a pivotal role in your child's academic success, and we are grateful for your partnership.

Governance Update

My name is Tricia Brabham, and I am the Deputy Head of Governance for CLF. Along with my colleagues Liz Tincknell (Head of Governance), Will Lamb (Information Governance Coordinator), and Jackie Friday (Governance Administrator), we work closely with the Trust Board and Academy Councils (the name we give to our Local Governing Boards), on all areas of governance.

Our Academy Councils are made up of volunteers from the local community, as well as parents and staff and they have an important role in providing appropriate challenge and support to the principal to provide the best educational experience for all students. The Academy Council meets 6 times a year, with the principal and members of the Senior Leadership Team, in addition individual councillors may link to a particular area of school to be able to provide strategic oversight to the Academy Council on the work taking place in this area. On occasion they may also sit on panels to consider exclusions or complaints.

We have vacancies across our Trust for Academy Councillors - you don't need a background in education but be willing and able to commit time to the role, to ask questions, and to analyse data. We provide training for our councillors, and they have the support of a clerk and the wider governance team to help them in their role.

If you are interested in finding out more about the role please [complete this form](#) and we will be in touch.





HPV, Meningococcal ACWY and Diphtheria, Tetanus and Polio vaccination catch-up clinics are available for Year 10 & 11 students who **have not** received their vaccinations previously at school (during Year 8 or 9), clinics are running through-out the summer. Please contact the Immunisation Team directly on 0300 124 5515 or email sirona.sch-imms@nhs.net to book an appointment or to check your child's records if you are unsure whether they have received these.

Young carers at Digitech Studio School Bristol

We know that for some students, there is someone in their family or a friend who is ill, disabled, or has a mental health problem or an addiction. We think in every class there could be as many as 2 pupils who are helping to support someone because of one of these factors – we call these students **young carers**.

Students can be young carers for lots of different reasons:

- They might be providing support to a parent/carer with a physical illness such as fibromyalgia or ME, they could be cooking, fetching shopping/collecting medication, helping with siblings.
- They might be helping a parent/carer with a disability who needs help with more personal tasks such as getting dressed, bathing or changing dressings.
- Or it could be more emotional support – like supporting their sibling with additional needs, taking responsibility for young siblings whilst parents/carers attend health appointments, or checking that a parent/carer with depression/anxiety is ok.

Some young carers might be doing lots of caring, others just a small amount but are impacted by the situation at home, for example by worrying about the person with the health condition or needing to do more things for themselves compared to other students.

We are committed to ensuring that all students get the support they need to have a positive school experience, are happy in school and can achieve their full potential.

If you think that any of the above applies to your child, and that they might possibly be a young carer, then please contact:

Phil DeScossa – Young Carers SLT Champion/DSL

Phil.DeScossa@clf.uk

Tracey Roberts – Young Carers Operational Lead

Tracey.Roberts@clf.uk



PARENTS PLUS
Childrens Programme

An evidence-based parenting course promoting effective communication and positive relationships in families with adolescents aged 5 to 11 years.

An 8-week course taking place every Tuesday
From 24th September 2024 to 19th November 2024 (excluding half term break)

It will take place in Cadbury Heath Children's Centre from 10am - 12:30pm. The course will be facilitated by family support workers from the Families Plus 5-18 Team

For more information, or if you would like to make a referral, please contact our Compass team through Access and Response on 01454866000


ParentsPlus
Empowering Professionals to Support Families

Parents Plus is an Irish charity that develops practical, evidence-based parenting and mental health programmes. We train professionals working with children and families to deliver the programmes in communities and clinical settings. Our programmes support families to communicate effectively, build satisfying relationships and overcome emotional and behavioural problems.

www.parentsplus.ie



PARENTS PLUS Adolescent Programme

An evidence-based parenting course promoting effective communication and positive relationships in families with adolescents aged 11 to 16 years.

An 8 week course taking place every Thursday
from 26th September 2024 to 21st November 2024 (excluding half term)

It will take place in Staple Hill Children's Centre from 6pm – 8:30pm
The course will be facilitated by workers
from Families Plus Team

For more information, or if you would like to make a referral, please
contact our Compass team through Access and Response on
01454866000


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www.parentsplus.ie

This is a reminder that E-Scooters are not allowed on school site –



Dear Parents/Carers

As we go into the festive period, we would like to remind you about the law regarding electric scooters. It has become apparent that some young people have already acquired or are in the process of acquiring electric scooters for their own use.

The only electric scooters that can only be used on public roads are those that are hired as part of the government-backed trials. We would also remind you that to use these trial scooters you must be at least 18 years old and hold a full or provisional driving licence. Private e-scooters can only be used on private land (with the landowner's permission) and not on public roads, cycle lanes or pavements.

Electric scooters are classed as powered transporters and fall within the legal definition of a motor vehicle under the Road Traffic Act 1998. This means that the same rules that apply to motor vehicles, apply to e-scooters. This includes, but isn't limited to:

- Driving with a licence
- Driving/riding with insurance
- Driving/riding other than on a road

It is not currently possible to get appropriate insurance for privately owned e-scooters meaning that it is illegal to use them on roads or public spaces. If a child or adult is found riding a private e-scooter on a public road or land the scooter may be seized, and the person, including children could be liable for prosecution for driving without insurance. If the child or adult doesn't hold a provisional or full licence and is stopped riding an e-scooter, they could be prosecuted for driving other than in accordance than with a licence, as well as having no insurance. Penalty points can still be issued where a licence isn't held. These points would take effect when the child or person applies for a driving license.

Our aim is to keep children safe and out of the criminal justice system. We want to keep you informed so that we can work together to do this.

If you need to report an incident involving an electric scooter you can call 101 or report online:
[Report anti-social driving | Avon and Somerset Police](#)

If you need to know anymore information please contact your local neighbourhood policing team:
[Your area | Avon and Somerset Police](#)



Larisa Hunt

Chief Inspector

Early Intervention, Crime Prevention and Licensing

NEWSLETTER



South Gloucestershire youth board

The South Gloucestershire Youth board is a group where young people are able to voice their opinions and make changes to things that affect the communities they live in.

Members will create young people projects based on local issues. Members are involved in consultations and shaping young people services. This is an opportunity to have your say.

Members of the board are representative of all areas within South Gloucestershire and are aged between 13 – 18 years old.

We are now meeting fortnightly Tuesdays in South Gloucestershire Council, Badminton Road Office, Badminton Road, Yate, BS37 5AF 6.00-8.00pm.

Young people will take part in the following activities:

- Create projects based on the real issues for young people
- Research, consult peers, plan and deliver projects
- Learn to chair a meeting, minute take or present to professionals
- Complete recruitment training and recruit council staff
- Participate in Children's Commissioner Take Over Day
- Attend the annual British Youth Council (BYC) conference plus participation in BYC's Make your Mark campaign
- Opportunities to achieve a Shadow a Councillor Award
- Achieve a volunteering award
- Fun stuff – Meet new people, debate, games, pizza

We are always looking for new members so contact us if you would like more information.

You can contact us by email youthparticipation@southglos.gov.uk

As the end of another academic year is in sight, there may be families that you have worries or concerns about in relation to how they will cope over the long summer holiday, without the support of school or pre-school. Here are a few ideas and suggestions of things that you can do, which could help support you over the 6-week break:

Financial support/offers

- Information on different ways of getting support with the cost of living rising [Cost of living help | BETA - South Gloucestershire Council \(southglos.gov.uk\)](#)
- [Household support fund | BETA - South Gloucestershire Council \(southglos.gov.uk\)](#)
- [Places Kids Eat Free in the Summer Holidays 2024 \(moneysavingcentral.co.uk\)](#) is a website that tells families restaurants where kids eat free throughout the holidays.
- [Financial support and wellbeing | BETA - South Gloucestershire Council \(southglos.gov.uk\)](#)

Young people's mental health

- **Off The Record:** Free, self-referral counselling service for young people age 11-15, who are experiencing low mood, depression, anxiety, phobias, self-harm, eating problems and/or anger. Young people can call, email or text, and services operate in Patchway, Kingswood and Yate. Also offer parent support groups and sessions. Can also see [Facebook](#), [Twitter](#) and [Instagram](#) for more information and up to date groups and activities.

Tel: 0808 808 9120. Text: 07896 880011. Website: [Home - OTR \(otrbristol.org.uk\)](#) Email: hello@otrbristol.org.uk
- **Kooth:** Free, safe and anonymous online support for young people 11-18. Monday – Friday 12pm – 10pm, Saturday – Sunday 6pm – 10pm. On Kooth you can: Chat to our friendly counsellors; Read articles written by young people; Get support from the Kooth community; Write in a daily journal. Website: <https://kooth.com/>
[Home - Kooth](#)
- **Childline:** Free counselling via online webchat, and free support/advice available 24/7 via confidential helpline, and emails via the website. Tel: 0800 11 11. Website: www.childline.org.uk [Childline | Childline](#)
- **Young Minds** national charity offers confidential online and telephone information and support for anyone worried about the emotional, behaviour, or mental health of a child/young person up to 25 years of age, including ADHD, Autism and Aspergers. **Parents Helpline:** 0808 802 5544 Website: [YoungMinds | Mental Health Charity For Children And Young People | YoungMinds](#)
- **Young Minds Crisis Messenger Service** for free 24/7 support across the UK of you are experiencing a mental health crisis. Text YM to 85258.

Adult mental health

- **South Gloucestershire Talking Therapies - Vitamins:** Therapeutic interventions including counselling and group courses, in line with people's differing needs, age 16+. Self-referral via the website: wellaware.org.uk Tel - [0333 200 1893](tel:03332001893) [NHS Talking Therapies - North Somerset & South Gloucestershire \(vitahealthgroup.co.uk\)](http://NHS Talking Therapies - North Somerset & South Gloucestershire (vitahealthgroup.co.uk))
- **Samaritans:** Free, confidential emotional support for those experiencing despair, distress, self-harm or suicidal feelings.

Tel: 116 123 (free, from any phone, 24/7). Website: www.samaritans.org [Samaritans | Every life lost to suicide is a tragedy | Here to listen](#) Email: jo@samaritans.org

Family/parenting support

- **Solihull** – online parenting resources for parents, carers, grandparents and teenagers in South Glos. This is **free** lifetime access to a range of e-learning and online resources which span from pregnancy to 19 years. These courses can be worked through at a pace which suits the individual, with the aim of increasing parental knowledge and confidence around child development through all stages of the parenting journey. The courses aim to nurture emotional health and wellbeing so that our children can thrive as kind, sociable and emotionally aware people throughout their lives. [inourplace | Solihull Approach – South Gloucestershire | inourplace](#)
- **NHS website:** Advice for parents on a range of parenting issues, including talking to teenagers, fussy eating and teenage aggression. Website: [Live Well - NHS \(www.nhs.uk\)](http://Live Well - NHS (www.nhs.uk))
- **Parent Buddies** is a confidential, universal, one-to-one listening service offering short-term support depending on family need. Volunteers are trained to provide parents/carers with listening, and signposting to specialist services. [HOME | My Site \(parentbuddies.co.uk\)](#)
- **CCP – Caring for Communities and People** – Offer outreach support for families at an early help level. Families can self-refer. [Home \(ccp.org.uk\)](http://Home (ccp.org.uk))

Support for families who have children with additional needs

- **SEND and You - SAY:** Local SEN and disability information service (SENDIAS) - Information and support around Special Educational Needs and Disabilities, for children, young people and families. (previously Supportive Parents)
Tel: 0117 9897725 Mon-Fri 9.30 - 4.30 (answerphone at other times), Email: support@sendandyou.org.uk
Website: [Home - SEND and You](#)
- **South Glos Parents and Carers:** Information and groups for parents who have children with a disability and/or additional needs. Offers a weekly drop in for parents and carers, support groups, workshops, counselling and events. They also run the Parent Carer forum in South Gloucestershire to collect feedback and views from families with disabled children. Website: [South Glos Parent Carers \(sgpc.org.uk\)](http://South Glos Parent Carers (sgpc.org.uk)) Email: team@sglospc.org.uk

Summer Stress Relief for Parents

Please join us for a
free online event,
designed for parents
who are feeling
under pressure.



Online via Microsoft Teams
Friday 2nd August 10 - 10.45am or
Tuesday 6th August 7 - 7.45pm

You are invited to join us for a FREE online event, designed for parents who are feeling under pressure. The event is an opportunity for you to hear about a free support project we have in your area. Gina Paziienza (Parental Relationship Practitioner) will be outlining some of the challenges parents are facing. If you can answer 'YES' to any of the following, then please do join us.

- Do you have a child or children aged between 8 and 14 years?
- Have you been arguing more in the last few months?
- Are there tensions between you and your partner or ex-partner?
- Have you seen a change in your child's behaviour?
- Are they upset by your arguing or silences?

To register your interest, please email
relationshipsmatter@bristol.gov.uk
or call Gina on 07721 635376 or Helen on 07721 311726





Support for Inter-Parental Communication



FREE support
available
for one or
both parents

- Do you have a child or children aged between 8 and 14?
- Do you find it hard to get on with your partner or your ex?
- Do you argue or shout at each other?
- Or have you stopped talking to each other because it's too difficult?

If so, then this SIPCo project could help.

Support is available for either one or both parents. The help on offer will either be relationship therapy (delivered by the couple therapy charity Tavistock Relationships) or a local practitioner will help you access online resources which can be used at your own pace. If English is not your first language, translators can be provided.

Please contact Gina Pazienza:

 relationshipsmatter@bristol.gov.uk

 07721 635376

 Visit the SIPCo page at www.bristol.gov.uk

When you apply, your details will not be shared with anyone else.
After applying online, if you do not see our response email, please check your junk/spam folder, then mark relationshipsmatter@bristol.gov.uk as a trusted sender.

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Digitexh NEWSLETTER

SIPCo (Support for Inter-Parental Conflict) A Project to Improve Parents' Communication




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NEWSLETTER



MURMURATION COMMUNITY THERAPY



New SEND Parent Carer Nurture Groups

Starting Tuesday 24th September 2024

Initial Zoom 1 to 1 plus 8 in person sessions.

Nurture Groups are intimate circles of SEND parents to find belonging and support, build resilience and learn ways to stay well on the challenging path.

Upper Horfield - Tuesday - 10.30am - 12 noon (1st October)

Upper Horfield Children's Centre, 34 Sheridan Rd, Horfield, BS7 0PU

[To book Horfield click here](#)

Oldbury Court - Tuesday - 13.00-2.30pm (1st October)

Oldbury Court Children's Centre, Frenchay Rd, Downend, Bristol BS16 2QS

[To book Oldbury Court click here](#)

Places are free, we welcome donations.

FOR MORE INFO AND TO BOOK VISIT
MURMURATIONCOMMUNITYTHERAPY.COM



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